



Independent Living Activities September 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>6:</p> <p>AR -Terrace Activity Room Chpl -Chapel WC -Wellness Center DR -Terrace Dining Room Fnts. -Fountains P -Parlor</p>	<p>Alzheimer's Memory Walk August 26th</p>		<p>8:30-3:00 Dr. Appointments 1 9:30 Fountains Catholic Rosary 9:30 Family Stories Journaling ~ P 10:00 The Sewing Gals ~ AR 1:30 Resident Council Meeting ~ AR 2:00 Oregon Blind Commission ~ P 3:30 Green Team Wii Golf ~ P 2:30 Blood Pressure Check ~ Chpl 6:30 Exploratory Discussion Grp ~ P Topic: Privacy Loss in a Digital World. Protecting Personal Identity</p>	<p>9:00 Lunch at Eugene's King Estates Winery & Euphoria Chocolate Company 2 9:30 Catholic Communion ~ Chpl 10:00 Breathe & Stretch Exercises ~ P 1:00 Texas Hold'em ~ P 1:00 ~ 3:00 Wii Bowling ~ P 1:00 Bridge ~ AR 6:00 Pinochle Game ~ AR</p>	<p>11:30-1:30 Fountains Annual BBQ 3 9:15 & 10:15 Winco, CTC Mall, Fred Meyers Shopping 10:15 Shopping at Wal-Mart 9:45 Blue Team Wii Golf ~ P 10:45 Flex & Stretch ~ P 1:00 Men's Fireside Chat ~ P 1:00 Monte Carlo Bingo AR 2:30 The Village Thrift Shop Open 6:00 Friday Night Classical Thriller "The Woman In The Window"</p>	<p>8:30 Fort Stevens Civil War Reenactment Warrenton, Or 4 1:00 Pokeno w/ Dain ~ AR 2:00-4:00 Wii Bowling ~ P 2:30 Rummikub Tiles ~ P 3:30 Scrabble w/ Dain ~ AR 5:30 The Lawrence Welk Show ~ P 6:00 Your Choice Game ~ AR 6:30 Newer Release Comedy "The Accidental Husband"</p>
<p>5</p> <p>8:30 Van to Milwaukie Christian 10:00 Bus to Evangelical 10:00 Kern Park Christian 10:45 Fount. Worship Services 1:00 Varies Card Games ~ AR 2:00-4:00 Video WII Bowling ~ P 2:30 Terrace Worship Service ~ Chpl</p>	<p>LABOR DAY 6</p> <p>No Shopping or Doctor Appointment Transportation</p>	<p>9:30 -12:00 Foot Care Clinic AR 7 9:30 Chair Pilates Exercise ~ P 9:45 Coffee w/ Alma ~ Chpl 10:00 Line Dancing Practice ~ WC 10:00 Alterations by Sandy ~ AR 10:30 Red Team Wii Bowling ~ P 10:45 Spiritual Devotions ~ Chpl 1:00 Blackjack "21" ~ AR 1:30 Historian Storyteller ~ Chpl 3:00 Social Hour : The Silver Belles Dancers & Singers</p>	<p>8:30-3:00 Dr. Appointments 8 9:30 Fountains Catholic Rosary 9:30 Family Stories Journaling ~ P 10:00 The Sewing Gals ~ AR 11:00 Towers & Gables Resident Welcome Wagon ~ Towers Club Room 1:30 Village Resident Meeting ~ WC 2:30 Green Team Wii Golf ~ P 2:30 Terrace \$1.00 Bunco Dice Game 6:30 Exploratory Discussion Grp Topic: No Program</p>	<p>9:30 Catholic Communion ~ Chpl 9 10:00 Breathe & Stretch Exercises ~ P 10:00 Hearing Aid Check ~ AR 10:45 Picnic At Willsonville Frog Pond Llamas & Alpacas Farm 1:00 ~ 3:00 Wii Bowling ~ P 1:00 Texas Hold'em ~ AR 1:30 Parkinson Support Grp ~ P 6:00 Pinochle Game ~ AR 6:00 Knitting & Crocheting ~ Gables 6:30 Grief & Loss Support Group ~ P</p>	<p>9:15 & 10:15 Winco, CTC Mall, Fred Meyers Shopping 10 9:45 Blue Team Wii Golf ~ P 10:45 Flex & Stretch ~ P 1:30 Healthy Shopping Bob's Red Mill & Dave' Killer Bread 1:00 Men's Fireside Chat ~ P 1:00 Monte Carlo Bingo ~ AR 2:30 The Village Thrift Shop Open 6:00 Friday Night Classical Thriller "Suspicion"</p>	<p>10:30 The New Hope Care Ministries Singers 11 1:00 Pokeno w/ Dain ~ AR 2:00-4:00 Wii Bowling ~ P 2:30 Rummikub Tiles ~ P 3:00 Blackjack w/ Dain ~ AR 5:30 The Lawrence Welk Show ~ P 6:30 Newer Release Comedy "The Tooth Fairy"</p>
<p>12</p> <p>8:30 Van to Milwaukie Christian 10:00 Bus to Evangelical 10:00 Kern Park Christian 10:45 Fount. Worship Services 1:00 Varies Card Games ~ AR 2:00-4:00 Video WII Bowling ~ P 2:30 Terrace Worship Service ~ Chpl</p>	<p>9:15 & 10:15 Fred Meyers, Winco Foods & Kaiser Pharmacy / Lab 13 10:00 Beading Class ~ AR 1:00 Knitting & Crochet ~ Library 1:00 Monte Carlo Bingo ~ AR 2:00 Mental Fitness ~ AR 3:00 Healthy Eating Support Grp 3:30 Orange Team Wii Golf ~ P 6:00 Historical Documentary: "I Have Never Forgotten You"</p>	<p>9:30 Chair Pilates Exercise ~ P 14 9:45 Coffee w/ Alma ~ Chpl 10:00 Line Dancing Practice ~ WC 10:30 Red Team Wii Golf ~ P 10:45 Spiritual Devotions ~ Chpl 1:00 Blackjack "21" ~ AR 2:00 Let's Make Doggie Treats ~ AR 2:00 Picture Restorations w/ Gary ~ P 3:00 Cute As a Button Craft ~ AR 6:00 Pinochle ~ AR</p>	<p>8:30-3:00 Dr. Appointments 15 9:00 A Day At The Oregon Zoo 9:30 Fountains Catholic Rosary 9:30 Family Stories Journaling ~ P 10:30 League of Women Voters ~ Chpl 2:30 Green Team Wii Golf ~ P 3:00 Memories Scrapbooking ~ Gables 6:00 T & G Bunco ~ Towers 4th Floor 6:30 Exploratory Discussion Grp Topic: Needs and Help for Veteran's Retuning from Iraq & Afghanistan</p>	<p>9:30 Catholic Mass ~ Chpl 16 10:00 Breathe & Stretch Exercises 1:00 Texas Hold'em ~ P 1:00 ~ 3:00 Wii Bowling ~ P 4:30 -6:00 "Musical Memories" A Fundraiser Dinner to benefit the Alzheimer's Association Special Performance by Shoehorn, Tap Dancer, Saxophonist, Michael Conley 6:00 Pinochle Game ~ AR 6:30 Grief & Loss Support Group ~ P</p>	<p>9:15 & 10:15 Winco, CTC Mall & Fred Meyers Shopping 17 9:45 Blue Team Wii Golf ~ P 10:45 Flex & Stretch ~ P 1:00 Monte Carlo Bingo AR 1:00 Men's Fireside Chat ~ P 1:00 Village Book Club ~ Terrace 2:30 The Village Thrift Shop Open 7:00 End of Summer Outside Concert Big Band "Plus Five Trio"</p>	<p>9:00 Depoe Bay 55th Annual Indian Style Salmon Bake 18 1:00 Pokeno w/ Dain ~ AR 2:00-4:00 Wii Bowling ~ P 2:30 Rummikub Tiles ~ P 2:30 No Golden Touch Band ~ DR 3:00 Sequency w/ Dain ~ AR 5:30 The Lawrence Welk Show ~ P 6:00 Your Choice Game ~ AR 6:30 Newer Release Comedy "The Wedding Date"</p>
<p>19</p> <p>8:30 Van to Milwaukie Christian 10:00 Bus to Evangelical 10:00 Kern Park Christian 10:45 Fount. Worship Services 1:00 Varies Card Games ~ AR 2:00-4:00 Video WII Bowling ~ P 2:30 Terrace Worship Service ~ Chpl</p>	<p>9:30 12:00 Foot Care Clinic AR 20 9:15 & 10:15 Fred Meyers, Winco Foods & Kaiser Pharmacy / Lab 10:00 Beading Class ~ AR 1:00 Knitting & Crochet ~ Library 1:00 Monte Carlo Bingo ~ AR 2:00 Mental Fitness ~ AR 3:00 Healthy Eating Support Grp 3:30 Orange Team Wii Golf ~ P 4:00 Great Harvest Bread Co ~ P 6:00 Historical Documentary</p>	<p>9:30 Chair Pilates Exercise ~ P 9:45 Coffee w/ Alma ~ Chpl 21 10:00 Country Line Practice ~ WC 10:00 Alterations by Sandy ~ AR 10:30 Red Team Wii Golf ~ P 10:45 Spiritual Devotions ~ Chpl 1:00 Blackjack "21" ~ AR 3:00 Fundraiser: \$2.00 Banana Splits & Entertainment by CherryWood Village Barbershop Quartet & Wind Ensemble 6:00 Pinochle ~ AR</p>	<p>8:30-3:00 Dr. Appointments 22 9:30 Fountains Catholic Rosary 9:30 No Family Stories Journaling 10:00 Sewing Gals ~ P 1:00 What's Cookin' ~ AR Zucchini Bread & Bran Muffins 2:30 Green Team Wii Golf ~ P 6:30 Exploratory Discussion Grp Topic: Enhancing Senior Mental Health Alzheimer's and Loss of Memory</p>	<p>9:00 Spirit Mountain Casino Trip 23 9:30 Catholic Communion Chpl 10:00 Breathe & Stretch Exercises 12:00 Fundraiser Bake Sale to Benefit The Alzheimer's Association 1:00 Blood Pressure Check ~ Chpl 1:00 Texas Hold'em ~ P 1:00 ~ 3:00 Wii Bowling ~ P 6:00 Pinochle Game ~ AR 6:00 Knitting & Crocheting ~ Gables 6:30 Grief & Loss Support Group ~ P</p>	<p>9:15 & 10:15 Winco, CTC Mall & Fred Meyers Shopping 24 9:45 Blue Team Wii Golf ~ P 10:45 Flex & Stretch ~ P 1:00 Monte Carlo Bingo ~ AR 1:00 Men's Fireside Chat ~ P 2:30 The Village Thrift Shop Open 3:30 New Resident Coffee Hour ~ P 6:00 Friday Night Classical Thriller "Double Indemnity"</p>	<p>1:00 Big Deal Bingo w/ Dain ~ AR 2:00-4:00 Wii Bowling ~ P 2:30 Rummikub Tiles ~ P 3:00 Yahtzee Dice w/ Dain ~ AR 5:30 The Lawrence Welk Show ~ P 6:00 Your Choice Game ~ AR 6:30 Newer Release Comedy "The Family Stone"</p>
<p>26</p> <p>8:30 Van to Milwaukie Christian 9:00 The Alzheimer's Memory Walk 10:00 Bus to Evangelical 10:00 Kern Park Christian 10:45 Fount. Worship Services 1:00 Varies Card Games ~ AR 2:00-4:00 Video WII Bowling ~ P 2:30 Terrace Worship Service ~ Chpl</p>	<p>9:15 & 10:15 Fred Meyers, Winco & Kaiser Pharmacy / Lab 27 10:00 Beading Class ~ AR 1:00 Knitting & Crochet ~ Library 1:00 Monte Carlo Bingo ~ AR 2:00 Mental Fitness ~ AR 3:30 Orange Team Wii Golf ~ P 4:00 End of Summer Outside Potluck 6:00 Historical Documentary: Nostradamus 2012</p>	<p>9:30 Chair Pilates Exercise ~ P 28 10:00 Line Dancing w/ Instructor WC 9:45 Coffee w/ Alma ~ Chpl 10:30 Red Team Wii Golf ~ P 10:45 Spiritual Devotions ~ Chpl 1:00 Blackjack "21" ~ AR 1:30 Historian Story Teller ~ Chpl 3:00 Village Birthday Party ~ DR The Way Off Broadway Singers 6:00 Pinochle ~ AR</p>	<p>8:30-3:00 Dr. Appointments 29 9:30 Fountains Catholic Rosary 9:30 Family Stories Journaling ~ P 10:00 Sewing Gals Jo Ann Fabrics 1:00 Tripoley w/ Dain ~ AR 1:30 Manicures w/ Shirley ~ AR 2:30 Green Team Wii Golf ~ P 6:30 Exploratory Discussion Grp Topic: Future of Social Security, Pension and Investing Retirement Income</p>	<p>9:30 Catholic Communion Chpl 30 10:00 Breathe & Stretch Exercises 11:15 Lunch at Ringside at Glendoveer Golf Course 1:00 Texas Hold'em ~ P 1:00 ~ 3:00 Wii Bowling ~ P 6:00 Pinochle Game ~ AR 6:00 Knitting & Crocheting ~ Gables 6:30 Grief & Loss Support Group ~ P</p>		<p>AUGUST 16TH "Musical Memories" A fundraiser Dinner</p>