

The Fountains Vitality Events Calendar November 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Key 1 - 1st floor near whale mural 2 - 2nd floor near Conference Rm. FCR - Fountains Community Rm. DR - Dining Room in Fountains LR - Living Room L - Lobby P - Parlor in Terrace R - Rehab T - Terrace (additional locations) TCR - Terrace Community Room VCR - Vitality Ctr. Community Rm.</p>	<p>Election Dates to Remember: November 1st: LAST day to mail in your ballots November 6th: Election Day. Last day to bring ballots to official drop box by 8:00 p.m. ** If unable to deliver to a drop box yourself, the Vitality team will make ballot drops up until Election Day!</p> <p>✓ VOTE</p>		<p>HAPPY BIRTHDAY 11/5 Maxine Jaeckel 11/6 Kay Purcell 11/8 Leonard Lande 11/12 Ronetta McGarrell 11/13 Vi Thompson</p>	<p>1 9:30 Happy Feet - R 9:45 Stretch & Flex - 2 10:45 Creative Journaling w/ Devin - FCR 1:30 Fresh Flower Arranging - FCR 3:00 Food Fun: Cheesy Mushroom Puff Pastry Bites - R 5:45 Bingo w/ Devin - R</p>	<p>2 9:30 & 1:15 Shopping @ Fred Meyer & Winco - L 9:30 Happy Feet - R 9:45 Strength Building w/ Ron - 2 10:45 Mystery Pong - R 1:00 Diabetic Support Group - T 1:00 Bio Documentary: "Houdini" - LR 2:30 Garden Club w/ Cheyenne: Pine Cone Wreaths Part 1 - FCR 5:45 Game Night: Rummikub - R 6:00 Loss Support Group - P</p>	<p>3 9:00 Poetry Out Loud - FCR 10:00 TC Baptist Singers - DR 10:45 Balloon Bounce - R 1:00 Indoor Bowling - R 2:00 History of Thanksgiving: Thanksgiving Day Parade Tech - FCR 3:15 Bean Bag Toss - 2 5:45 Bingo w/ Devin - FCR</p>
<p>4 10:45 Sunday Worship - 2 1:00 Balloon Volleyball - FCR 1:30 Games for the Brain - VCR 2:30 Terrace Worship Service - T 3:00-4:00 Treasure Shop Open - T 3:30 Provoking Thoughts: "How Your Gut Affects Your Mind" - TVL 5:45 Let's Play 5 Crowns - R</p>	<p>5 9:15 Spiritual Devotions - FCR 9:30 Happy Feet - R 10:45 The BIG Word Game - 2 1:30 Sit & Be Fit w/ Ron - 2 3:00 Ready For Liftoff: Paper Airplane Race - R 5:45 Bingo w/ Steph - R</p>	<p>ELECTION DAY 6 9:30 Shopping @ CTC Mall, Target, Trader Joes & Umpqua Bank - L 9:30 Happy Feet - R 9:45 Strength Building - 2 10:45 Balloon Bounce - 1 1:30 Color Club - R 3:00 Get to Know You Social - DR 3:00-4:00 Treasure Shop Open - T 5:45 Wine & Jigsaws! - FCR</p>	<p>7 9:00 EXCURSION: Morning Scenic Drive (Please Sign Up @ Desk) 9:00-11:00 Senior Fitness Test - VCR 9:30 Happy Feet - R 9:45 Twister Toss Exercises - 2 10:45 Tabletop Balloon Ball - R 2:30 Newer Movie Matinee: "I Can Only Imagine" (Faith Drama) - LR 3:00 Village Voices Rehearsal - VCR 5:30 Exploring Your Faith w/ Phil - P 5:45 Left, Center, Right Dice Game - FCR</p>	<p>8 9:00-11:00 Senior Fitness Test VCR 9:30 Happy Feet - R 9:45 Stretch & Flex - 2 10:45 Balloon Bounce - 1 10:45 Oregon Hearing Aid Clinic - P 2:00-3:30 Village Salute To Our Veterans - DR 5:45 Bingo w/ Devin - R</p>	<p>9 9:00-11:00 Senior Fitness Test VCR 9:30 & 1:15 Shopping @ Fred Meyer & Winco - L 9:30 Happy Feet - R 9:45 Strength Building w/ Ron - 2 10:45 Mystery Pong - R 1:00 Bio Documentary: "Les Paul: Chasing Sound" - LR 2:30 Arts & Crafts: Acorn Necklaces - R 5:45 Game Night: Rummikub - R 6:00 Loss Support Group - P</p>	<p>10 9:00 Exercise w/ Cheyenne - 2 10:00 New Hope Singers - DR 10:45 Coffee & Conversation w/ Devin - R 1:00 Indoor Bowling - R 2:00 Garden Club w/ Cheyenne: Pine Cone Wreaths: Part 2 - FCR 3:15 Ladder Golf - FCR 5:45 Bingo w/ Devin - FCR</p>
<p>VETERANS DAY 11 10:45 Sunday Worship - 2 1:00 Balloon Volleyball - FCR 1:30 Games for the Brain - VCR 2:30 Terrace Worship Service - T 3:00-4:00 Treasure Shop Open - T 3:30 Great Courses: Outsmart Yourself - TVL 5:30 Grief Share Discussion w/ Phil - P 5:45 The BIG Word Game - R</p>	<p>12 9:15 Spiritual Devotions - FCR 9:30 Happy Feet - R 10:45 Cranium Crunches - 2 1:30 Sit & Be Fit w/ Ron - 2 3:00 Music Exploration & Discussion w/ Stephanie - R 5:45 Bingo w/ Steph - R</p>	<p>13 9:30 Shopping @ CTC Mall, Target, New Seasons & Umpqua Bank - L 9:30 Happy Feet - R 9:45 Strength Building - 2 10:45 Balloon Bounce - 1 1:30 Color Club - R 2:30 DIY Collage Your World: Winter Holidays - FCR 3:00-4:00 Treasure Shop Open - T 4:00-5:30 Village Western Party w/ The Rounders Bluegrass Band - T</p>	<p>14 9:30 Happy Feet - R 9:45 Twister Toss Exercises - 2 10:45 Tabletop Balloon Ball - R 11:00 EXCURSION: Lunch @ McGrath's Fish House (Please Sign Up @ Desk) 2:30 Classic Movie Matinee: "Pride and Prejudice" (Drama) - LR 3:00 Village Voices Rehearsal - VCR 5:30 Musical Memoirs w/ Phil - P 5:45 King's Corner Card Game - FCR</p>	<p>15 9:30 Catholic Mass - T 9:30 Happy Feet - R 9:45 Sports Stretch - 2 10:45 Creative Journaling w/ Devin - FCR 1:00 Village Remembrance Service - VCR 3:00 Visits w/ Carla, Kristi and their dogs, Hudson and Betsy 5:45 Bingo w/ Devin - R</p>	<p>16 9:30 & 1:15 Shopping @ Fred Meyer & Winco - L 9:30 Happy Feet - R 9:45 Strength Building w/ Ron - 2 10:30 Music, Memories & Wisdom w/ Sara - FCR 1:00 Bio Documentary: "Chasing Churchill: In Search of My Grandfather" - LR 2:00-3:00 Oregon Historical Society - P 3:00 November Birthday Party w/ Singer & Pianist, DAVID COOLEY! - DR 5:45 Game Night: Rummikub - R 6:00 Loss Support Group - P</p>	<p>17 9:30 Poetry Out Loud - FCR 10:45 Balloon Bounce - R 1:00 Indoor Bowling - R 2:00 History of Thanksgiving: The First Thanksgiving - FCR 3:15 Bean Bag Toss - 2 5:45 Bingo w/ Devin - FCR</p>
<p>18 10:45 Sunday Worship - 2 1:00 Balloon Volleyball - FCR 1:30 Games for the Brain - VCR 2:30 Terrace Worship Service - T 3:00-4:00 Treasure Shop Open - T 3:30 Provoking Thoughts: "Why Do People Fall In Love" - TVL 5:45 Let's Play 5 Crowns - R</p>	<p>19 9:15 Spiritual Devotions - FCR 9:30 Happy Feet - R 10:45 The BIG Word Game - 2 1:30 Sit & Be Fit w/ Ron - 2 3:00 Monday Music w/ Pianist, STAN LASLEY! - DR 5:45 Bingo w/ Steph - R</p>	<p>20 9:30 & 1:15 Shopping @ Fred Meyer & Winco - L 9:30 Happy Feet - R 9:45 Strength Building - 2 10:45 Balloon Bounce - 1 1:30 Color Club - R 3:00 Let's Play Two Truths & A Lie - FCR 3:00-4:00 Treasure Shop Open - T 5:45 Wine & Jigsaws! - FCR</p>	<p>21 9:30 Happy Feet - R 9:45 Twister Toss Exercises - 2 10:45 Tabletop Balloon Ball - R 1:30 EXCURSION: Corbett's Mystery Drive & Ice Cream Stop (Sign Up @ Front Desk) 2:30 Newer Movie Matinee: "Breathe" (Bio Drama) - LR 3:00 Village Voices Rehearsal VCR 5:30 Exploring Your Faith w/ Phil - P 5:45 Left, Center, Right Dice Game - FCR</p>	<p>22 9:30 Happy Feet - R 9:45 Stretch & Flex - 2 10:45 Thanksgiving BINGO - FCR 1:00 Holiday Treat: Let's Make Popcorn Balls - R</p> <p></p>	<p>23 NO SHOPPING TODAY 9:30 Happy Feet - R 9:45 Strength Building w/ Ron - 2 10:45 Mystery Pong - R 1:00 CIVIL WAR GAME PIZZA PARTY (Please Sign Up and Pay @ Desk) 5:45 Game Night: Rummikub - R 6:00 Loss Support Group - P</p>	<p>24 9:30 Exercise w/ Cheyenne - 2 10:45 Coffee & Conversation w/ Devin - R 1:00 Indoor Bowling - R 2:00 History of Thanksgiving: Thanksgiving Fact Check - FCR 3:15 Ladder Golf - FCR 5:45 Bingo w/ Devin - FCR</p>
<p>25 10:45 Sunday Worship - 2 1:00 Balloon Volleyball - FCR 1:30 Games for the Brain - VCR 2:30 Terrace Worship Service - T 3:00-4:00 Treasure Shop Open - T 3:30 Great Courses: Outsmart Yourself - TVL 5:30 Grief Share Discussion w/ Phil - P 5:45 The BIG Word Game - R</p>	<p>26 9:15 Spiritual Devotions - FCR 9:30 Happy Feet - R 10:45 Crossword Craze - 2 1:30 THE ROSE CITY SINGERS! - DR 3:00 Sit & Be Fit w/ Ron - 2 5:45 Bingo w/ Steph - R</p>	<p>27 9:30 Shopping @ CTC Mall, Target, Costco & Umpqua Bank - L 9:30 Happy Feet - R 10:45 Rehab Resident Council Meeting - FCR 1:30 Color Club - R 2:30 Food Services Forum - FCR 3:00 ALF Resident Meeting - FCR 3:00 Village Veterans Gathering - P 3:00-4:00 Treasure Shop Open - T 5:45 Wine & Jigsaws! - FCR</p>	<p>28 9:30 Happy Feet - R 10:00 Bingo OR Arts & Crafts w/ St. Rose School 2nd Graders - 2 or FCR 11:30 Lunch w/ 2nd Grade! - DR 2:30 Classic Movie Matinee: "The Beatles: A Hard Day's Night" - LR 3:00 Village Voices Rehearsal - VCR 5:30 Musical Memoirs w/ Phil - P 5:45 King's Corner Card Game - FCR</p>	<p>29 9:30 Happy Feet - R 9:45 Stretch & Flex - 2 10:45 Creative Journaling w/ Devin - FCR 1:30 Paint to Music w/ Devin - FCR 3:00 Food Fun: Pecan Pie Shortbread Cookies - R 5:45 Bingo w/ Devin - R</p>	<p>30 9:30 & 1:15 Shopping @ Fred Meyer & Winco - L 9:30 Happy Feet - R 9:45 Strength Building w/ Ron - 2 10:45 Mystery Pong - R 1:00 Social Documentary: "The Power of Myth" - LR 2:30 Happy Hour w/ Singer/ Guitarist, DENNIS HARRIS! - DR 5:45 Game Night: Rummikub - R 6:00 Loss Support Group - P</p>	