



Independent Living Vitality Programs–November 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p>TCR Terrace Community Room CH Terrace Chapel VCR Vitality Community Room DR Terrace Dining Room FNTS. Fountain Community Room FDR Fountains Dining Room P Terrace Parlor SU South Up Terrace Sitting Room SD South Down Sitting Room TC Towers 2nd Floor NU North Up Terrace Sitting Room G Gables 2nd Floor L Lobby</p>	<p><u>Shopping & Banking Transportation</u> 1st Tuesday—9:30AM CTC Mall, Target, Dollar Tree Trader Joe's and Umpqua Bank 2nd Tuesday— 9:30AM CTC Mall, Target, New Season's and Umpqua Bank 3th Tuesday—9:30AM CTC Mall, Target Costco and Umpqua Bank <u>Fridays— Fred Meyers & Winco Foods</u> 9:00AM Terrace Residents 9:30AM Tower, Gables & Fountains Residents 1:15PM—ALL BUILDINGS</p>		<p>WHEN WE ALL  VOTE</p>			<p>9:30 Catholic Communion (CH) 10:00 Coffee & Conversation (G) 10:15 Chair Exercise w/ Dain (VCR) 10:30 EXCURSION: Spaghetti Factory 11:00—1:00 Resident Elections (DR) 1:00-3:00 Sewing / Quilting Projects (NU) NO Marsha the Story Lady (SD) 4:00—6:00 Resident Elections (DR)</p>	<p>9:00,9:30 & 1:15: Fred Meyers & Winco (L) 9:00 FLU SHOT CLINIC (VCR) 10:00 Biblical Questions/Answers (TCR) 10:00 Coffee & Conversation (G) 1:00 Poker (G) 1:00 Diabetic Support Group (P) 2:00 Theatre Reading W/ Tori (P) 2:30Movie: Planes, Trains & automobiles(TH) 3:00 Village Drama Club (TCR) 3:30 Out Smart Yourself Courses (P) 4:00—6:00 Resident Elections (DR) 6:00 Lessons through Loss Support Group (P)</p>	<p>9:30 Visitation Catholic Church 84th Annual Verboort Sausage & Sauerkraut Dinner 7:00-5:00 Video Wii Bowling (P) 10:00 Coffee & Conversation (G) 2:30 Ponytail Canasta (TCR) 6:30 Single Deck Pinochle (TCR) 7:00 Movie: Fireproof, PG, 2008(TH)</p>
<p>4 10:45Worship Service (Fountains 2nd Floor) 1:30 Creative Collaging (TCR) 2:00 Chair Volleyball (P) 2:30 Terrace Worship Service (CH) 3:00 Treasure Shop Open (ND) 3:30 Ping Pong (TCR) 5:30 Seasonal Craft (TCR) 6:00 Night Owl Table Talk (G)</p>	<p>5 9:00 Landscaping Meeting (TCR) 10:00 Coffee & Conversation (G) 10:00 Pool for Beginners (T) 11:00 & 2:00-4:30 Bean Bag Baseball (P) 1:00 Party Bridge (SU) 1:00 Poker (G) 4:00 Mexican Dominoes (G) 6:00 Bible Study Fellowship w/ Jess (P) 7:00 Movie: Darkest Hour. PG-13, 2017 (TH)</p>	<p>6 9:30 Shopping: CTC Mall, Target, Dollar Tree, Trader Joe's & Bank 9:30 Dealers Choice Poker (TCR) 10:15 Spiritual Devotions (CH) 10:00 Coffee & Discussion (G) 10:15 Chair Exercise w/ Dain (P) 11:00 Scooter & Walker Repair (P) 1:00 Monte Carlo \$1 Bingo (TCR) 3:00 Dealers Choice Poker (TCR) 3:00 Increase Your Happiness Meditation (TH) 3:00-4:00 Treasure Shop (ND) 4:00 Line Dancing (VCR)</p>	<p>7 9:30 Writer's Corner (TCR) 10:00 Coffee & Conversation (G) 10:00 Strength Building / Sam (P) 10:00 Indoor Lawn Bowling (Back Hall) 1:00 Poker (G) 1:30 Adventist Blood Pressure Clinic (TH) 1:00 Ambassadors Meeting (TCR) 1:30 Residents Council Meeting (TCR) 3:00 Village Voice Rehearsal (VCR) 5:30 Single Deck Pinochle (G) 5:30 Exploring Your Faith (P)</p>	<p>8 9:30 Catholic Communion (CH) 10:00 Coffee & Conversation (G) 10:15 Chair Exercises w/ Dain (P) 10:45 Oregon Hearing Aid Clinic (P) 1:00-3:00 Sewing / Quilting Projects (NU) 2:00 Salute to our Veterans (FDR) 3:00 Marsha the Story Lady (P) 5:30 Color Yourself Calm (TCR) 5:30 Rummikub Tiles (G)</p>	<p>9 9:00& 9:30 Fred Meyers & Winco Foods (L) 10:00 Biblical Questions/Answers (TCR) 10:00 Coffee & Conversation (G) 11:00 Movie Dances with Wolves part 1 PG-13, 1990 (TH) 1:00 Poker (G) 1:15 Fred Meyers & Winco Foods (L) 1:00 Movie Dances with Wolves part 2 PG-13, 1990(TH) 3:00 Village Drama Club (TCR) 3:30 Out Smart Yourself Courses (P) 5:00 BYOB Social (TC) 6:00 Lessons through Loss Support Group (P)</p>	<p>10 7:00-5:00 Video Wii Bowling (P) 9:30 New Hope Church Holiday Market Place 10:00 Coffee & Conversation (G) 2:30 Ponytail Canasta (TCR) 5:30 Bunco Party (TCR) 6:30 Single Deck Pinochle (TCR) 7:00 Movie: Victoria & Abdul, PG-13, 2017 (TH)</p>		
<p>11 10:45Worship Service (Fountains 2nd Floor) 1:30 Creative Collaging (TCR) 2:00 Chair Volleyball (P) 2:30 Terrace Worship Service (CH) 3:00 Treasure Shop Open (ND) 3:30 Ping Pong (TCR) 5:30 Griefshare Discussion w/ Phil (P) 6:00 Night Owl Table Talk (G)</p>	<p>12 10:00 Tone Chimes w/ 10:00 Coffee & Conversation (G) 10:00 Pool for Beginners (T) 1:00 Party Bridge (SU) 11:00 & 2:00-4:30 Bean Bag Baseball (P) 1:00 Monte Carlo Big Buck Bingo& Raffle (TCR) 1:00 Poker (G) 4:00 Mexican Dominoes (G) 6:00 Bible Study Fellowship (P) 7:00 Movie: One Flew Over the Cuckoos Nest, R, 1975 (TH)</p>	<p>13 9:30 Shopping: CTC Mall, Target, New Season's & Umpqua Bank (L) 9:30 Dealers Choice Poker (TCR) 10:00 Coffee & Discussion (G) 10:15 Spiritual Devotions (CH) 10:00 Coffee & Conversation (G) 10:15 Chair Exercises w/ Dain (VCR) 1:00 Big Buck \$2 Bingo (TCR) 3:00 Increase Your Happiness Meditation (TH) 3:00-4:00 Treasure Shop (ND) 4:00 Line Dancing (VCR) 4:00 WESTERN PARTY (DR) 5:30 Hand & Foot Card Game (G)</p>	<p>14 9:30 Writer's Corner (TCR) 10:00 Strength Building / Sam (P) 10:00 Indoor Lawn Bowling (Back Hall) 10:00 Coffee & Conversation (G) 11:00 Movie Committee (P) 1:00 Poker (G) 1:30 Village Resident Meeting (DR) 3:00 Village Voice Rehearsal (VCR) 5:30 Single Deck Pinochle (G) 5:30 Musical Memoirs (TCR)</p>	<p>15 9:00 EXCURSION: Spirit Mountain 9:30 Catholic Mass (CH) 10:00 Coffee & Conversation 10:15 Chair Exercises w/ Dain (VCR) 1:00 Remembrance Service (VCR) 1:00-3:00 Sewing / Quilting Projects (NU) 3:00 Marsha the Story Lady (P) 5:30 Color Yourself Calm (TCR) 5:30 Rummikub Tiles (G) 6:00 Village Curiosity Club (P)</p>	<p>16 9:00 & 9:30 Fred Meyers & Winco Foods (L) 10:00 Strength Building w/ Sam (VCR) 10:00 Biblical Questions/Answers (TCR) 10:00 Coffee & Conversation (G) 1:15 Fred Meyers & Winco Foods (Lobby) 2:00 Theatre Reading w/ Tori (P) 2:30 Movie: Moulin Rouge, NR, 1952 (TH) 2:00 Oregon Historical Society (TCR) 3:00 Village Drama Club (TCR) 3:30 Current Events w/ Devin (P) 5:00 BYOB Social (TC) 6:00 Lessons through Loss Support Group (P)</p>	<p>17 7:00-5:00 Video Wii Bowling (P) 10:00 Coffee & Conversation (G) 10:30 Excursion: Scenic Drive and Lunch at Tippy Canoe 2:30 Ponytail Canasta (TCR) 6:30 Single Deck Pinochle (TCR) 7:00 Movie: With Six, You Get Eggroll, PG, 1958 (TH)</p>		
<p>18 10:45Worship Service (Fountains 2nd Floor) 1:30 Creative Collaging (TCR) 2:00 Birthday Party w/ Entertainer Monte Waters (DR) 2:30 Terrace Worship Service (CH) 3:00 Treasure Shop Open (ND) 3:30 Ping Pong (TCR) 6:00 Night Owl Table Talk (G)</p>	<p>19 9:30-3:15 Foot Care Clinic (BS) 10:00 Coffee & Conversation (G) 10:00 Pool for Beginners (T) 1:00 Party Bridge (SU) 11:00 & 2:00-4:30 Bean Bag Baseball (P) 1:00 Poker (G) 3:00 Entertainment: Stan Lasely (FDR) 4:00 Mexican Dominoes (G) 6:00 Bible Study Fellowship (P) 7:00 Movie: The Leisure Seeker, R, 2017 (TH)</p>	<p>20 9:00, 9:30 & 1:15 Fred Meyers & Winco 9:30 Dealers Choice Poker (TCR) 10:00 Coffee & Conversation (G) 10:15 Chair Exercises w/ Dain (P) 10:15 Spiritual Devotions (CH) 1:00 Monte Carlo \$1 Bingo (TCR) 3:00 Dealers Choice Poker (D) 3:00-4:00 Treasure Shop (ND) 3:00 Increase Your Happiness Meditation (TH) 4:00 Line Dancing (VCR) 4:30 Village Book Club Discussion (TCR) 5:30 Hand & Foot Card Games (G)</p>	<p>21 9:30 Writer's Corner (TCR) 10:00 Strength Building / Sam (P) 10:00 Indoor Lawn Bowling (Back Hall) 10:00 Coffee & Conversation (G) 1:00 New Resident Welcome Social (P) 1:00 Poker (G) 1:30 Adventist Blood Pressure Clinic (TH) 2:00 Corbett's Mystery Scenic Drive & Ice Cream 3:00 Village Voice Rehearsal (VCR) 5:30 Single Deck Pinochle (G) 5:30 Exploring Your Faith (P)</p>	<p>22 10:00 Coffee & Conversation (G) 11:00 Movie Gone with the Wind, Part 1(TH) 1:00-3:00 Sewing / Quilting Projects (NU) 1:00 Movie Gone with the Wind, Part 2(TH) 3:00 Marsha the Story Lady (P) 5:30 Color Yourself Calm (TCR) 5:30 Rummikub Tiles (G)</p> <p style="text-align: center;"></p>	<p>23 NO SHOPPING TODAY 10:00 Strength Building w/ Sam (VCR) 10:00 Biblical Questions/Answers (TCR) 10:00 Coffee & Conversation (G) 1:00 Poker (G) 1:00 Civil War Game 3:00 Village Drama Club (TCR) 6:00 Lessons through Loss Support Group (P)</p>	<p>24 7:00-5:00 Video Wii Bowling (P) 10:00 Coffee & Conversation (G) 12:30 EXCURSION: Singing Christmas Tree 2:30 Ponytail Canasta (TCR) 6:30 Single Deck Pinochle (TCR) 7:00 Movie: Auntie Mame, PG, 1958 (TH)</p>		
<p>25 10:45Worship Service (Fountains 2nd Floor) 1:30 Creative Collaging (TCR) 2:30 Terrace Worship Service (CH) 3:00 Treasure Shop Open (ND) 5:30 Griefshare Discussion w/ Phil (P) 6:00 Night Owl Table Talk (G)</p>	<p>26 10:00 Coffee & Conversation (G) 10:00 Pool for Beginners (T) 11:00 & 2:00-4:30 Bean Bag Baseball (P) 1:00 Party Bridge (SU) 1:00 Poker (G) 1:30 Entertainment: Rose City Singers (FDR) 4:00 Mexican Dominoes (G) 6:00 Bible Study Fellowship (P) 7:00 Movie The Crocodile Dundee, PG-13, 1986 (TH)</p>	<p>27 9:30 Shopping: CTC Mall, Target, Costco & Umpqua Bank (Lobby) 9:30 Dealers Choice Poker (TCR) 10:00 Chair Exercises w/ Dain (P) 10:00 Coffee & Conversation (G) 10:15 Spiritual Devotions (CH) 1:00 Monte Carlo \$1 Bingo (TCR) 3:00 Dealers Choice Poker (DR) 3:00-4:00 Treasure Shop (ND) 3:00 Village Veterans League (P) 3:00 Increase Your Happiness Meditation (TH) 4:00 Line Dancing (VCR) 5:30 Hand & Foot Card Game (G)</p>	<p>28 9:30 Writer's Corner (TCR) 10:00 Strength Building / Sam (P) 10:00 Coffee & Conversation (G) 10:00 Indoor Lawn Bowling (Terrace Back Hall) 11:00-3:00 Schmaltz Gifts (Back Hall) 3:00 Village Voice Rehearsal (VCR) 5:30 Musical Memoirs (TCR) 5:30 Single Deck Pinochle (G)</p>	<p>29 9:30 Catholic Mass (CH) 10:00 Coffee & Conversation 10:15 Chair Exercises w/ Dain (VCR) 1:00-3:00 Sewing / Quilting Projects (NU) 3:00 Marsha the Story Lady (P) 5:30 Color Yourself Calm (TCR) 5:30 Rummikub Tiles (G) 6:00 Knitting & Crochet (G) 6:00 Village Curiosity Club (P)</p>	<p>30 9:00 & 9:30 Fred Meyers & Winco Foods 10:00 Strength Building w/ Sam (VCR) 10:00 Biblical Questions/Answers (TCR) 10:00 Coffee & Conversation (G) 1:15 Fred Meyers & Winco Foods (Lobby) 2:30 Movie: Radio, PG, 2003 (TH) 2:30 Entertainment: Denis Harris (FDR) 3:00 Village Drama Club (TCR) 3:30 Out Smart Yourself Courses (P) 5:00 BYOB Social (TC) 6:00 Lessons through Loss Support Group (P)</p>	